

## Families Helping Families of Illinois

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Families Helping Families provides housing, mentoring, and resources for families facing homelessness in DuPage County. moms are usually head of household, and most of our client have experienced domestic violence and trauma. FHF provides hope, dignity, support, and a path to self-sufficiency.

As you may know, low-income families often qualify for food stamps, now called SNAP. However, personal and household products **cannot** be purchased using SNAP benefits. Our goal is to gather these products necessary for everyday life and to make them available to client families as they gather in the Naperville Learning Resource Center for mentoring, tutoring and job search assistance.

Can your group help? Our wish list includes:

### Basic Needs Requests

#### Household Products

Toilet paper  
Paper towel  
Tissues  
Laundry detergent or pods  
Dishwasher detergent  
Toilet bowl cleaner  
Window cleaner  
All-purpose cleaners and sponges  
All size Ziploc Bags  
Saran wrap and foil

#### Personal Products

Liquid soap (body wash & hand soap,)  
Body lotion  
Band-aides  
Sunscreen  
Bug spray  
Aloe vera lotion  
Toothbrushes and toothpaste  
Lip balm  
Hand sanitizer

**Full-size products are requested.** Products specifically for men are not as helpful, since our families are mostly headed by single moms who have children under age 18.

Additionally, our families use pay washers and dryers that only accept quarters. Each load costs \$1.50 to wash and \$1.25 to dry – over \$10 per week. That is a lot of money for our families who live on very limited budgets. Would your group consider doing a **Quarter Drive** for this critical need?

If you would like a receipt for your donation, please provide your name, email and mailing addresses.

Thank you for your consideration!

Questions? Please contact Suzanne Thibeault [suzanne@fhf.care](mailto:suzanne@fhf.care)