



Families Helping Families of Illinois

PO Box 8 • Naperville, IL 60566

Learn more at: www.fhf.care

Families Helping Families provides housing, mentoring, and other resources for families facing homelessness in DuPage County. Single moms are usually head of household, and most of our client families have experienced domestic violence and trauma. FHF provides hope, dignity, support, and a path to self-sufficiency.

As you may know, low-income families often qualify for food stamps, now called SNAP. However, personal and household products **cannot** be purchased using SNAP benefits. Our goal is to gather these products necessary for everyday life and make them available to client families as they gather in the Naperville campus Learning Resource Center for mentoring, tutoring and job search assistance.

Basic Needs Requests

Household Products

Paper towel
Tissues
Laundry detergent or pods
Dishwasher detergent
Toilet bowl cleaner
Window cleaner
All-purpose cleaners and sponges
All size Ziploc Bags
Saran wrap and foil

Personal Care

Liquid soap (body wash & hand soap)
Body lotion
Shampoo and conditioner
Deodorant
Band-aides
Sunscreen
Bug spray
Toothbrushes and toothpaste
Lip balm

Full-size products are requested. Products specifically for men are not as helpful, since our families are mostly headed by single moms who have children under age 18.

Additionally, our families use pay washers and dryers that only accept quarters. Each load costs \$1.50 to wash and \$1.25 to dry – over \$10 per week. That is a lot of money for our families who live on very limited budgets. Would your group consider doing a **Quarter Drive** for this critical need?

Thank you for your consideration and support!

Questions? Please contact Suzanne Thibeault Info@fhf.care